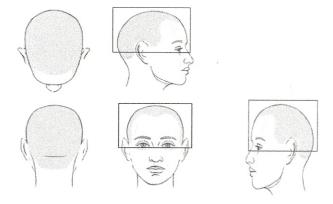
## **Photo Instructions for Telemedicine Appointments**

Welcome to teledermatology! Dermatology is particularly suited for telemedicine because diagnosis and treatment of skin disorders is primarily visual. Real time video and photographs are often as good as in-person evaluation and in these times, much safer. Instructions for taking photos for hair consultations and skin appointments are detailed separately, below.

## 1. Hair consultation appointment:

We will need pictures of your hair for this appointment.

Imagine that you are sitting in a spinning chair with a camera pointed at the side of your head. As you spin your chair around the camera takes a picture from the front, right side, left side and back.



Next, the camera is mounted over your head, sitting in the same chair. It takes two pictures of the top of your head - one with the hair in its normal position and one with the hair parted down the middle. Then the camera moves behind you taking a picture of the crown of your head. See the above drawings for examples and below for real life examples. Above are drawings of the front, right, left, back, and top of head. For drawings with a box, just take the picture of the boxed area. Below are front hairline, top of head with center part, and crown of head from the back at about a 45 degree angle.





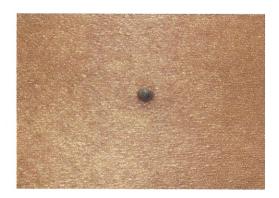




\*images used with permission

If there are areas of concern not shown with these views, take whatever other views you need to show the provider your problem.

2. Skin appointment: If your skin problem can be seen by your provider, please take pictures of the affected area. You will need one close up and one from farther back to show the entire area. See below for close up and wide shot pictures of a mole. The same would apply if you have a rash, scaly areas, discoloration, etc.





All pictures need to be clear - no blurry areas. They should be taken against a background that does not blend into your skin or hair color.

Once the pictures are taken, upload them to the patient portal one day before your visit.

If you have questions, you can submit them via the patient portal.